**KELLER CENTRAL**

**POWERLIFTING LAST QUALIFIER**

**SATURDAY, February 29, 2020**

**at KELLER CENTAL HIGH SCHOOL**

Contact: Coach Erik McGuffin

Cell: 817-703-9140

E-Mail: erik.mcguffin@kellerisd.net

**\*\*\*Attn:** This meet is set up as a last chance for kids who are on the bubble to qualify for Regionals the following week. This is not your typical Invitational. The goal is to start quick and finish as fast as we can. If I have room I will allow whole teams to participate but I will be limiting the meet to 150 lifters to save time. I would like to have all of you on your way home by 1:00 or 2:00. No lunch break but will have concessions and brisket sandwiches available to purchase.

**ENTRY FEE:**  $300.00—Team of eleven (six lifters constitutes a team) $35.00 for individual lifters. You can bring entry fee with you at weigh in.

Make check payable to:  ***Central High School Athletic Booster Club or CHSABC***

 ***9450 Ray White Road***

 ***Keller, TX 76244***

**SCHEDULE**:             6:30-8:00 a.m. -- Weigh-in

                                    8:30-8:45 a.m. -- Coaches Meeting (Classroom)

                                    8:30-8:45 a.m. -- Judges Meeting

                                    8:45 a.m.        -- Lifting Begins (Main Gym)

**LUNCH:**  We will **NOT** break for lunch.

**DIVISIONS:**              *Boys* 114lb.-Super Heavy Weight

**AWARDS:**                 Individual awards will be given for places first through fifth in each weight class. NO TEAM TROPHIES OR OUTSTANDING LIFTER TROPHIES.

**Please fill out the information below and e-mail this entry form by February 21, 2019, to erik.mcguffin@kellerisd.net.**  No entries will be accepted after this date.

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SCHOOL NAME:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACHES NAME:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CELL PHONE NUMBER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HOW MANY LIFTERS?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*\*COACHES EMAIL ADDRESS:  \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ **(must have an email address.)**