

2012

Region V

Regional Meet Information

Last Qualifying Date- February 25, 2012. Remember that any meets during the last qualifying week must consist of at least 70 lifters from 7 different schools and you can only count 11 lifters from each school. All judges must also be certified. All results should be sent in by midnight on the 25th. No results will be accepted after that time.

Weight Declaration- If you have any lifters who are qualified in more than one weight class, you must declare his weight class by **4:00 pm on Monday, February 27**. If you do not declare by this time, the lifter will be placed in the heavier weight class. Also, if you have any qualified lifters who are not going to compete at the Regional meet, let me know by 4:00 also. You must contact me by email or cell phone. If you fail to remove a lifter, you will still be responsible for the \$30.00 entry fee. **The top 10 lifters in each weight class qualify for the Regional meet.**

Regional Meet- Saturday, March 10 at Weslaco, TX – Weslaco East - Gym

Entry Fee- \$30.00 per lifter. Cash or checks only. **Purchase orders will not be accepted.** Make all checks payable to WESLACO EAST POWERLIFTING. No Refunds will be given so make sure your entry fees are correct.

Early Weigh In- Friday, March 9- 5:00- 6:30 pm at Weslaco East Old Weight room

Weigh In- Saturday, March 10- 6:30- 8:00 am at Weslaco East Old Weight Room

LIFTING WILL BEGIN 9:00 AM

At check in, please bring the following items.

- Entry Fees
- Eligibility Forms
- Meet Release Form
- Scholarship Applications

