

The Region 3 Division 2 Regional Meet will be on

**March 3, 2016** at **Lindale HS, Lindale TX.**

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* **Lifting**
	+ - Begins at 4:00 PM.
* **Platforms**
	+ - There will be 4 platforms, and no flights.

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|  |
| **Platform 1**  | **Platform 2**  | **Platform 3**  |
| 114, 123,132 | 148,165,181 | 198,220,242 |
|  |
|  |
| **Platform 4** |  |  |
| 275,SHW |  |  |

* **Bring with you:**
	+ - [Eligibility Form](http://www.thspa.us/Documents/Eligibility.pdf) - Signed by your Principal or Superintendent
		- [Scholarship Application](http://www.thspa.us/Documents/Scholarship.pdf) (Optional) For senior lifters who would like to be considered for a $1,000 scholarship to help with college expenses.
		- Check for **$30.00 per lifter** payable to: **Lindale Athletic Boosters**\*

***\*Your school becomes responsible for your lifter(s) entry fee at 4:00 p.m., Monday, Feb 29th.*** *Please notify me on or before the deadline if your lifters can’t compete or you will be responsible for their entry fee.*

***\*No payment is necessary for alternates.***

* **Alternates**
	+ - If you have lifters ranked in the top 20, bring them with you as there may be no-shows or lifters who do not make weight.
* **Weigh In**
	+ - Wednesday early weigh in: 5:00 to 6:30 P.M.
		- Thursday afternoon weigh in: 2:00 to 3:30 PM.
* **Coaches / Judges Meeting**
	+ - 3:30
* **Admission**
	+ - $5.00
* **T-shirts**
	+ - $15.00
* **Supper**
	+ - There will be a supper served for the coaches.
		- Meals for the athletes: The cost will be **$6.00 each**. Make checks for athlete’s lunches **payable to Lindale Athletic Boosters**. There will also be a concession stand.