

The Region 3 Division 2 Regional Meet will be on

**March 5, 2015** at Eagle Coliseum in **Rusk, TX**.



* **Lifting**
	+ - Begins at 3:30 PM.
* **Platforms**
	+ - There will be 4 platforms, and no flights.

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| **Platform 1**  | **Platform 2**  | **Platform 3**  |
| 114, 123,132 | 148,165,181 | 198,220,242 |
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| **Platform 4** |  |  |
| 275,SHW |  |  |

* **Bring with you:**
	+ - [Eligibility Form](http://www.thspa.us/Documents/Eligibility.pdf) - Signed by your Principal or Superintendent
		- [Scholarship Application](http://www.thspa.us/Documents/Scholarship.pdf) (Optional) For senior lifters who would like to be considered for a $1,000 scholarship to help with college expenses.
		- Check for **$30.00 per lifter** payable to: **Rusk Athletics**\*

***\*Your school becomes responsible for your lifter(s) entry fee at 4:00 p.m., Monday, March 2.*** *Please notify me on or before the deadline if your lifters can’t compete or you will be responsible for their entry fee.*

***\*No payment is necessary for alternates.***

**PLEASE have SEPARATE CHECKS for meals and entry fees.**

* **Alternates**
	+ - If you have lifters ranked in the top 20, bring them with you as there may be no-shows or lifters who do not make weight.
* **Weigh In**
	+ - Wednesday early weigh in: 5:00 to 6:30 P.M.
		- Thursday afternoon weigh in: 1:30 to 3:00 PM.
* **Coaches / Judges Meeting**
	+ - 3:00 to 3:30 in the weight room in the Coliseum.
* **Admission**
	+ - $5.00
* **T-shirts**
	+ - $15.00
* **Supper**
	+ - There will be a supper served for the coaches.
		- Meals for the athletes: The cost will be **$6.00 each**. Make checks for athlete’s lunches **payable to Rusk Athletic Boosters**. There will also be a concession stand.
* **Restaurant Links**
	+ - [In Rusk](http://www.urbanspoon.com/n/301/45510/Texas/Rusk-TX-restaurants)
		- [In Jacksonville](http://www.urbanspoon.com/n/311/37209/Tyler/Jacksonville-restaurants)
		- [In Tyler](http://www.urbanspoon.com/n/311/37216/Tyler-restaurants)
* **Lodging**
	+ - If you plan on staying in a hotel the night before the meet, there are a few hotels in Rusk and Jacksonville. However, you may have to stay in Tyler, Lufkin or Palestine. Plan on a 45 minute drive from those places.

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| [**Weston Inn & Suites**](http://www.westoninntexas.com/)590 North Dickinson Dr.[Rusk](http://www.hotelplanner.com/Hotels/10342-in-Rusk-TX.html), [TX](http://www.hotelplanner.com/Hotels/State-TX-Texas.html) [75785](http://www.hotelplanner.com/zip/Rusk-TX-hotels-in-75785) *Off of Hwy 69* | **Phone:** 903-683-8383 |
| [**Comfort Inn**](http://www.comfortinn.com/hotel-jacksonville-texas-TXD24?sid=xX5_F.D6Q49gbmB.17&sarea=&sname=jacksonville&sstate=TX&scountry=US&sradius=&slat=31.96305&slon=-95.27023&schain=CI&exp=&scity=&sort=&type=&map=n&nadult=1&nchild=0&city_code=DFW&sstate_country=&li)1848 South Jackson StreetJacksonville, TX 75766 | **Phone**: (903) 589-8500 |
| [**La Quinta Inn & Suites**](http://www.lq.com/lq/properties/propertyProfile.do?ident=LQ6318&propId=6318&savedSearchQuery=%2Flq%2FproxySearchRes.do%3Fpromocorp%3D%26mapProvider%3DMapQuest%26searchType%3DGEO%26availability.palsra_RPC1%3D%26selectTab%3D0%26searchAddress%3D%26indate%3D02)1902 S. Jackson Street Jacksonville, TX 75766 *Off of Hwy 69 S. in Jacksonville, TX*  | **Phone**: 1-903-586-6504  |
| [**Best Western Executive Inn**](http://book.bestwestern.com/bestwestern/productInfo.do?propertyCode=44568)1659 S Jackson Street Jacksonville, Texas, 75766-3027 *Off of Hwy 69 S. in Jacksonville, TX*  | **Phone:** 903-586-0007**Fax:** 903-586-0010  |
| [**Holiday Inn Express Jacksonville**](http://www.ihg.com/holidayinnexpress/hotels/us/en/jacksonville/jkves/hoteldetail) 1923 S Jackson St Jacksonville, TX 75766 *Off of Hwy 69 in Jacksonville, TX*  | **Phone**: (888) 465-4329903-589-8900 |
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