**THSPA**

**Region III Divison I**

Coaches,

I hope all of your football seasons were successful. As the powerlifting season approaches I wanted to pass along some information regarding the season.

The following items are of immediate importance:

1. Our state website [www.thspa.us](http://www.thspa.us) contains all the information you will need throughout the season as well as weekly standings. I will post the standings to this site no later than every Monday evening. Please let your assistant coaches, lifters and parents know about the website.
2. Dues need to be paid ASAP. They must be postmarked no later than January 21, 2019. Dues are $75.00. Mail check to:

THSPA

Box 1072

Crowley, Texas 76036

If you fail to pay your dues by the deadline, your school will have to pay a $200 fine before your school’s regional qualifiers can lift at the regional or state meet.

A dues form can be found on the website.

1. Dates:

* Jan 21, 2019 Dues must be postmarked.
* Feb 18, 2019 Late Fees must be postmarked
* Feb 23, 2019 Last Qualifying Date **All results due by 12:00 midnight or they won’t be accepted**.
* Feb 25, 2019 4:00 PM Declaration deadline for double qualified lifters
* **Thursday** March 7, 2019 Division I Regional Meet –Robert E. Lee High School
* March 23, 2019 State Powerlifting Meet, Abilene Texas

1. Please keep in mind that all meet results must be sent via e-mail as a .psm file attachment. The association provides Powerscore software free to member schools and you can download the latest version from the website. Meet results are due by 4:00 PM the Monday following the meet. If you cannot have them to me by that time make sure to contact me, otherwise the results will not be accepted.
2. I will post more information about the Regional Meet as we get closer to the end of the season.
3. If you are planning on hosting a meet, please remember that it must certified by a regional director prior to you holding the meet for the results to be reflected in the standings. ***Meet results from schools that have not paid membership dues by the deadline may be withheld or dropped and all standings for the region will be affected***.

If I can be of assistance in any way, do not hesitate to contact me.

I wish you all the best of luck in the upcoming season.

Ted Patton

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