



## TEXAS HIGH SCHOOL POWERLIFTING ASSOCIATION

George Taylor, President  
David Wilbanks, Vice President  
Ted Patton, Secretary  
Brad McCone, Business Manager

Dear Coaches,

Congratulations are in order for any school who has qualified a lifter or lifters to compete in the THSPA State Championships in Abilene, Texas. The THSPA Executive Committee met on March 14<sup>th</sup> to finalize details and provide for the most organized and competitive meet of the 2021 season. The following will be of interest to you as you plan your trip to Abilene.

**Date:** March 27<sup>th</sup>, 2021

**Place:** Taylor County Expo Center  
1700 Hwy. 36  
Abilene, Texas 79602

**Fee:** \$35 per lifter, to be paid at the time of registration. **Make checks payable to THSPA.**

### Things to Bring:

1. Entry Fee
2. Eligibility list signed by your principal or superintendent
3. State Meet Release Form
4. Drug Testing Affidavit

\*These forms can be found under the documents section of the THSPA website.

### Schedule:

Friday March 26 <sup>th</sup>	Registration/Packet Pick-up	4:00PM
	Early Weigh-In	4:30-6:30PM
Saturday March 27 <sup>th</sup>	Weigh-In	6:00-8:00AM
	Doors open to Public	7:30AM
	Judges/Coaches Meeting	8:00-8:30AM
	Opening Ceremonies	8:30-8:40AM
	(Including Scholarship Winners)	
	Bars Loaded	8:45AM

Lifters may weigh-in at either scheduled weigh-in. In the event that a lifter does not make weight at the Friday weigh-in, he will have an additional opportunity to weigh-in on Saturday morning. Weigh-in on Saturday morning is held inside of the Expo Center. Once a lifter has made his weight class, his expeditor card will be taken from him and no further weighing will be necessary nor will any changes of his opening lifts will be allowed.

There will be no alternates moved up into the standings after March 14<sup>th</sup>.

### **Seniors and State Qualifying Total Information:**

Congratulations to all of the seniors who accomplished the state qualifying total at their regional meet and qualifying for the State Championships! Only the top 2 lifters from each region (and any ties at 2<sup>nd</sup> place) will be considered for team points. Seniors who have qualified for the regional meet by attaining the state qualifying total will be entered as a B-team lifter. This means that these lifters can win places and medals however, they WILL NOT count towards your teams total points.

### **Platform and Flighting Information:**

<b>Division 1</b>	<b>Platform 1</b>	<b>Platform 2</b>	<b>Platform 3</b>	<b>Platform 4</b>
<b>Flight 1</b>	114/123 (26)	148/165 (29)	198/242 (31)	308/SHW (24)
<b>Flight 2</b>	132 (13)	181 (17)	220 (20)	275 (13)
<b>Division 2</b>	<b>Platform 5</b>	<b>Platform 6</b>	<b>Platform 7</b>	<b>Platform 8</b>
<b>Flight 1</b>	114/123 (26)	148/165 (32)	198/220 (27)	308/SHW (27)
<b>Flight 2</b>	132 (13)	181 (17)	242 (13)	275 (13)
<b>Division 3</b>	<b>Platform 9</b>	<b>Platform 10</b>	<b>Platform 11</b>	<b>Platform 12</b>
<b>Flight 1</b>	114/123 (24)	148/165 (24)	198/220 (24)	308/SHW (23)
<b>Flight 2</b>	132 (12)	181 (12)	242 (12)	275 (12)

***We will move flights during the deadlift if we see that the need arises to help expedite the meet.***

### **Directions to Taylor County Expo Center:**

**From Fort Worth**-follow I-20 west to Abilene and take Exit 290 Loop 322. Turn left on Loop 322 and follow to exit for Hwy 36/Zoo/Airport/Expo Center. Turn right on Hwy 36 which is also East S. 11<sup>th</sup>. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From El Paso/Midland/Lubbock**- Follow I-20 east to Abilene and take Exit 290 Loop 322. Turn right on Loop 322. Turn right on Hwy 36 which is also East S. 11<sup>th</sup>. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 277**- Hwy 277 turns into S 14<sup>th</sup> Street. Stay on S.14<sup>th</sup> until you reach Treadaway and take a left onto Treadaway. Stay on Treadaway until you reach E.S. 11<sup>th</sup> and turn right on E.S. 11<sup>th</sup>. Stay on E.S. 11<sup>th</sup> until you reach the Expo Center on your right. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 83/84-** Follow Hwy 83/84 north to Abilene and exit Loop 322 toward the Airport. Exit at Hwy 36/Zoo/Airport/Expo Center. Turn left on Hwy 36 which is also E.S. 11<sup>th</sup> Street. The Expo Center will be on the left side of Hwy 36/E.S. 11<sup>th</sup>. The Expo Center is located at the corner of Hwy 36 and Loop 322.

**From Highway 36-** Stay on Hwy 36 until you reach Abilene. The Expo Center is at the corner of Hwy 36 and Loop 322 on your left.

## Miscellaneous Information

**Admission:** All tickets are \$5 for ages 5 and up. Tickets can be purchased ahead of time by going to [www.taylorcountyexpoctr.com](http://www.taylorcountyexpoctr.com). Tickets ordered online will be held at Will Call.

**Wristbands:** All coaches, wrappers, and support staff will be required to wear a wristband for admittance on the floor. The formula for the number of wristbands a school will receive is the Number of Lifters qualified PLUS 1 with a maximum of 4 wristbands. Lifters will only need their lifter number and will not require a wristband. No additional wristbands will be given or sold. Please keep these limitations in mind as you make plans for the meet and how many assistants, wrappers, and support staff you are planning to bring.

**Concessions:** Amacore Concessions will be providing Meal Deals for your lifters this year. They will be selling tickets during Registration/Package Pick-up on Friday and during the weigh-in on Saturday. **Please make your checks to AMACORE.** A Meal Deal will consist of a pulled pork sandwich, chips and a drink for \$7.00.

**T-Shirts:** State meet shirts and attire will be for sale. T-shirts will be \$20 and available on Friday and Saturday.

### COVID Related Information

- All bars and equipment will be wiped between each lifter
- Face masks are required on the lifting floor. Lifters may remove their mask while they are lifting however, they are not required to. Judges will not judge the mask – it is not a part of their costume.
- Teams must provide their own chalk
- There will be hand sanitizing stations at each platform
- We will have back spotter available for your lifters however, you may supply your own if you wish. Keep this in mind when distributing wristbands.

Hopefully this letter covers everything you need for the State Meet. If you have any questions, please contact me or your Regional Director.

Congratulations and good luck,

George Taylor III  
THSPA President